

# ALFE offCare

◆Improves light sleep and bad skin conditions

## Indication

- ★Maintenance and improvement of physical strength or resistance or concentration
- ★Recovery from and prophylaxis of fatigue
- ★Improvement and prophylaxis of physical malfunction associated with frail constitution (including physical weakening due to aging): weakening of bones or teeth
- ★Improvement and prophylaxis of physical malfunction associated with malnutrition in daily living: bad conditions of the shoulders, neck, lower back or knees, getting tired easily, persisting fatigue, lack of physical strength, physical tiredness or feeling languid, difficulty falling asleep, light sleep and difficulty waking up, bad skin conditions (rough or dry skin), decreased appetite and malaise associated with hangover, eyestrain
- ★Nutritional support for declined physical strength during/after illness, febrile debilitating illness, anorexia, pregnancy/lactation period, before and after childbirth, etc.

## Dosage and administration

Adults (15 years or over): Take 1 bottle (50mL) per dose once daily.

Under 15 years: Do not use.

### Precaution

- Comply with the prescribed dosage and administration instructions.(Pay attention to excessive intake, etc. if a product containing other vitamins, etc. is taken together with this drug)
- The drug contains a herbal extract. Sedimentation may occur in rare cases. This does not affect drug efficacy. Shake well before taking the drug.

## Ingredient

In 1 bottle (50mL)

Glycine 50mg

Dried Longan Extract 9.1mg (equivalent to 30mg of the crude drug)

Royal jelly 100mg

Thiamine nitrate (vitamin B<sub>1</sub>) 5mg

Riboflavin sodium phosphate (vitamin B<sub>2</sub>) 15mg

Pyridoxine hydrochloride (vitamin B<sub>6</sub>) 5mg

Nicotinamide 20mg

Taurine (aminoethyl sulfonic acid) 500mg

Inositol 50mg

### Excipients

Erythritol, acesulfame K, sucralose, purified stevia extract, citric acid, sodium citrate, pH adjusting agent, povidone, propyl gallate, sodium benzoate, flavoring, glycerin

### Precaution

No need to worry if you have yellow urine after taking the drug because it is caused by the vitamin B<sub>2</sub> contained in the drug.

## Precautions

### Consultation

- If the following symptoms are observed after taking this drug, these may be adverse reactions, so immediately discontinue the use of this drug, and show this product to your physician, pharmacist, or registered salesperson for a consultation
  - Skin: rash
  - Gastrointestinal system: feeling of discomfort in the stomach
- The following symptoms may be observed after taking this drug. If these symptoms persist or worsen, discontinue the use of this drug, and show this product to your physician, pharmacist, or registered salesperson for a consultation
  - diarrhea

- When symptoms do not improve even after taking the medicine for a while, stop taking this medicine, and show this product to a physician, pharmacist, or registered salesperson for consultation

### Precautions for storage and handling

- Store this in a cool place, avoiding direct sunlight.
- Store the product beyond the reach of children.
- Do not take the product past the expiration date.

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#### 【Disclaimer on Multilingual Product Information】

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