

# BIOFERMIN®

## INTESTINAL REGULATION CHEWABLE®

Class 3 OTC drug

For Intestinal Regulators

● Dimethylpolysiloxane breaks produced gas bubbles\*, and cassia seeds regulate intestinal function to improve swollen stomach (abdominal fullness). (\*gas bubbles: Gas in a bubble-like state)● Bifidobacterium and lactomin (Lactic acid bacteria) prevent the growth of bad bacteria causing gas production to regulate to have an intestinal environment unlikely to produce gas.● It is a chewable yogurt-flavor tablet that can be taken without water.

### Indication

Abdominal fullness, Intestinal regulation (regulate one's stools), constipation, and soft stools

### Dosage and administration

Take the following dose by chewing or letting the medicine dissolve in the mouth at a dosing interval for at least 4 hours.  
15 years old or over: 1 tablet per dose, 3 times daily  
Under 15 years old : Do not take

### Precautions of Dosage and Administration

Comply with the dosage and administration instructions.

### Ingredient and amount

In 3 tablets (the daily dosage for persons ≥ 15 years old)  
Bifidobacterium 30mg  
lactomin (Lactic acid bacteria) 30mg  
Cassia seed extract 200mg  
Dimethyl polysiloxane 180mg

### Excipients

Corn Starch, Erythritol, Anhydrous Silicate, Crystalline Cellulose, Hydrogenated Maltose Syrup, White Soft Sugar, Hydroxypropyl Cellulose, Ascorbic Acid, Carmellose Calcium, Magnesium Stearate, Sucralose, Aspartame (L-phenylalanine compound), Perfume

### Precautions relating to ingredient

The medicine contains herbal medicine (medicinal leaves, roots, barks, etc.). The color and taste of the tablets may differ slightly; however, this will not affect the efficacy.  
On rare occasions, black spots are noted in the tablet. There is no problem with its quality because it is caused by cassia seeds contained in the medicine.

### Precautions

#### Consultation

- The following persons should consult a physician, pharmacist, or registered salesperson before taking this medicine.  
Patients undergoing medical treatment from a physician  
Persons diagnosed as having the following  
Phenylketonuria
- When symptoms do not improve even after taking this medicine for about 2 weeks, stop taking this medicine and consult a physician, pharmacist or registered salesperson, being sure to take package insert with you.

### Precautions for storage and handling

Store in a cool, low humidity place away from direct sunlight with an air tight closure on.  
Store the product beyond the reach of children.  
Do not transfer the medicine to other containers. (It may lead to misuse or quality deterioration)  
Discard the filling in the container immediately after opening the lid.  
(If the filling is returned to the container, it may absorb moisture, degrading the quality. The filling prevents tablets from breaking during transportation.)  
Tightly close the container cap after each use. (Other smells are transferred, and moisture degrades the quality.)  
Do not take the product past the expiration date.  
Please write the date on which you opened the container in the space for "Date of Opening" on the box and container.  
Once you open the package, take it as soon as possible, ideally within 6 months after opening to ensure the quality.

**【Disclaimer on Multilingual OTC Product Information】**

- This product is a pharmaceutical product (or quasi medicine) approved under a Japanese law, the Law for Ensuring the Quality, Efficacy and Safety of Drugs and Medical Devices, with a view to its sale and use in Japan.
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