# $$\rm BIOFERMIN_{\it @}$$ INTESTINAL REGULATION CHEWABLE $_{\it @}$ a

- Dimethylpolysiloxane breaks produced gas bubbles\*, and cassia seeds regulate intestinal function to improve swollen stomachs (abdominal fullness). (\*gas bubbles: gas in a bubble-like state)
- Lactic acid bacteria (Bifidobacterium and lactomin) prevent the growth of bad bacteria causing gas production and create an intestinal environment unlikely to produce gas.
- Calcium pantothenate supports the growth of intestinal lactic acid bacteria.
- This medicine is a chewable yogurt-flavor tablet that can be taken without water.

#### **Indication**

Abdominal fullness, intestinal regulation (regulation of bowel movements), constipation, and soft stools

## **Dosage and administration**

Take the following dose by chewing or letting the medicine dissolve in the mouth at a dosing interval of at least 4 hours.

15 years old or over: 1 tablet per dose, 3 times daily

Under 15 years old: Do not take

## Precaution of Dosage and Administration

- $\boldsymbol{\cdot}$  Comply with the dosage and administration instructions.
- Take this medicine by chewing or dissolving the tablet in the mouth.

(Do not swallow the tablet as it may choke the throat.)

## **Ingredient and amount**

In 3 tablets (daily dosage for persons ≥15 years old)

Bifidobacterium 30mg

Lactomin 30mg

Cassia seed extract 120mg (extracted from approx. 1,200mg of cassia seeds)

Dimethyl polysiloxane 180mg

Calcium pantothenate type-S 34.6mg (22.5mg as calcium pantothenate)

#### **Excipients**

Corn Starch, Erythritol, Anhydrous Silicate, Cellulose, Hydrogenated Maltose Syrup, White Soft Sugar, Hydroxypropyl Cellulose, Ascorbic Acid, CMC-Ca, Magnesium Stearate, Calcium Lactate, Sucralose, Aspartame (L-phenylalanine compound), Perfume

## Precautions relating to ingredient

- The medicine contains herbal medicine (medicinal leaves, roots, barks, etc.). The color and taste of the tablets may differ slightly; however, this does not affect the efficacy.
- On rare occasions, black spots are noted in the tablet. There is no problem with its quality because it is caused by the cassia seeds contained in the medicine.

## **Precautions**

# Consultation

• The following persons should consult a physician, pharmacist, or registered salesperson before taking this medicine Patients undergoing medical treatment from a physician.

Persons diagnosed as having the following.

Phenylketonuria

• When symptoms do not improve even after taking this medicine for about 2 weeks, stop taking this medicine and consult a physician, pharmacist or registered salesperson, being sure to take package insert with you

# **Precautions for storage and handling**

- $\cdot$  Store in a cool, low humidity place away from direct sunlight with an air tight closure on.
- · Store the product beyond the reach of children.
- Do not transfer the medicine to other containers. (It may lead to misuse or quality deterioration)

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- Discard the filling in the container immediately after opening the lid.
  (If the filling is returned to the container, it may absorb moisture and degrade quality. The filling prevents tablets from breaking during transportation.)
- Tightly close the container cap after each use. (Other smells are transferred, and moisture degrades the quality.)
- · Do not take the product past the expiration date.
- Please write the date on which you opened the container in the space for "Date of Opening" on the box and container.
- · Once you open the package, take it as soon as possible, ideally within 6 months after opening to ensure its quality.

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#### (Disclaimer on Multilingual Product Information)

- •This product is a pharmaceutical product approved under a Japanese law, the Law for Ensuring the Quality, Efficacy and Safety of Drugs and Medical Devices, with a view to its sale and use in Japan.
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