

Claritin EX OD Tablets

- ◆ Claritin EX OD Tablets, containing the second-generation antihistamine loratadine, are orally disintegrating tablets you can take without water and are effective for treating allergic rhinitis.
- ◆ Claritin EX OD Tablets are less likely to cause drowsiness or impairment of concentration, judgment, or efficiency.
- ◆ Claritin EX OD Tablets have long-lasting efficacy on nasal symptoms such as runny nose, stuffy nose, and sneezing when administered once daily as one tablet per dose.

Indication

Alleviation of the following nasal allergic symptoms caused by pollen or house dust (indoor dust):
runny nose, stuffy nose, and sneezing

Dosage and administration

For an adult (≥ 15 years old), take 1 tablet once daily after a meal. Dissolve the tablet in the mouth, and swallow it. Take the drug at the same time period every day.

Under 15 years: Do not take

Precaution

- Comply with the prescribed dosage and administration instructions.
- For rhinitis symptoms of seasonal allergy caused by pollen, it is effective to start the drug at the early stage of the symptoms (immediately after minor symptoms start) when pollen begins to scatter.
- If symptoms do not resolve after using the drug for about 1 week, contact a physician, pharmacist or registered salesperson for a consultation. If you take the drug for more than 2 weeks even after symptoms are relieved, contact a physician, pharmacist or registered salesperson for a consultation.

How to take out the tablets

- Pull open the lid of the aluminum sheet that contains the tablets, pick the opening (blue part) with your fingertips, and slowly peel it off. Thereafter, press the tablet from the bottom and take out the tablets.
(If taking the tablets with the blister pack, it will lead to unexpected accidents such as the sharp edge sticking into the esophageal mucosa.)
- Be careful not to break the tablets when taking them out of the aluminum blisters.
- Do not touch the tablets directly with wet hands. (Tablets easily dissolve in water.)
- Considering that tablets easily dissolve in the mouth, you can take it only with saliva (no need for water). If you take the tablets lying down, be sure to swallow with water.

Ingredient

In 1 tablets

Loratadine 10mg

Excipients

citric acid, Gelatin, D-Mannitol, flavor, l-Menthol, Vanillin, Propylene glycol

Precautions

When not to use the product

(If you do not follow these instructions, the current symptoms may worsen or adverse reactions/incidents are more likely to occur.)

- This product should not be used in the following persons:
Patients who have had an allergic symptom to this drug or its ingredients.
Children under 15 years old.
- This drug should not be taken together with the following drugs:
Other medicine for allergies (including agents for skin disease and internal medicine for rhinitis), internal medicines containing antihistamines (cold medicine, expectorants, medicine for motion sickness, agents for anesthesia and sedation, etc.), erythromycin, and cimetidine
- Do not drink alcohol before and after taking this drug.
- For those who are lactating, do not use this medicine or avoid lactating while using this medicine.

Consultation

- The following persons should contact a physician, pharmacist, or registered salesperson for a consultation before administration.
 - Patients undergoing medical treatment from a physician
 - Persons diagnosed as having the following
 - Liver disease, kidney disease, and epilepsy
 - Persons with unidentified specific cause, e.g., allergic rhinitis, cold or other causes.
 - Persons diagnosed with other allergic disorders, such as bronchial asthma, and atopic dermatitis.
 - Pregnant women or women suspected of being pregnant.
 - The elderly
 - Persons who have had an allergic symptom to drugs.
- If the following symptoms are observed after taking this drug, these may be adverse reactions, so immediately discontinue the use of this drug, and show this document to your physician, pharmacist, or registered salesperson for a consultation.
 - Skin: rash, itching, urticaria, skin redness, and hair loss
 - Respiratory system: sore throat and dry feeling of nose
 - Gastrointestinal system: nausea, vomiting, abdominal pain, dry mouth, stomatitis, and gastritis
 - Neuropsychiatric system: malaise, dizziness, and headache
 - Cardiovascular system: palpitations and tachycardia
 - Other: dry eyeballs, tinnitus, auditory disorder, hot flush, edema (face/ limbs), dysgeusia, irregularity of menstruation, chest discomfort, abnormal uterine bleeding, chest pain, and urinary retention

The following serious symptoms may occur in rare cases. In such cases, immediately seek medical aid from a physician.

 - Shock (anaphylaxis): Symptoms, such as itching of skin, urticaria, hoarseness, sneezing, itchy throat, breathing difficulties, palpitations, and clouding of consciousness may occur immediately after taking the drug.
 - Epilepsy: (Persons who have had epileptic episodes.)
 - Muscle tension, shivering, consciousness disorder, and no memory of events before the episode
 - Spasm: episodic muscular contraction
 - Hepatic function failure: Symptoms, such as fever, itching, rash, jaundice (yellowing of skin and white of eyes), brown urine, general malaise, loss of appetite, etc. may occur.
- The following symptoms may be observed after taking this drug. If these symptoms persist or worsen, discontinue the use of this drug, and consult your physician, pharmacist, or registered salesperson.
 - Dry mouth, constipation, diarrhea, and drowsiness

Precautions for storage and handling

- Avoid direct sunlight, and store the product in a cool place with little humidity.
- Store the product beyond the reach of children.
- Do not transfer the drug to other containers. (It may lead to misuse or quality deterioration)
- Do not take the product past the expiration date.

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【Disclaimer on Multilingual Product Information】

- This product is a pharmaceutical product approved under a Japanese law, the Law for Ensuring the Quality, Efficacy and Safety of Drugs and Medical Devices, with a view to its sale and use in Japan.
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