COLAC First

Laxatives

◆COLAC First contains DSS* that moistens and softens stools, and bisacodyl stimulates the bowel directly and activates the movement to promote smooth defecation without stress.

☐One tablet contains the smallest amount of bisacodyl in Colac Series (2.5mg). You may start with a small dose, and adjust the dose little by little. *Dioctyl sodium sulfosuccinate

Indication

1) Constipation2) Relief of the following symptoms due to constipation: dull headache, hot flush, skin roughness, eruption, loss of appetite (anorexia), fullness in the abdomen, abnormal fermentation in the intestines, and hemorrhoids

Dosage and administration

Take the following dose with cold or lukewarm water at bedtime (or on an empty stomach). However, start with a minimum dose and increase or decrease the dose gradually depending on bowel movement or conditions.

15 years or over: 1 to 4 tablets per dose, once daily

11 to 14 years: 1 to 3 tablets per dose, once daily

Under 11 years: Do not take

Comply with the prescribed dosage and administration instructions.

The use of the drug in children should be supervised by a parent.

Do not take the drug within 1 hour after taking antacid or milk. (When the drug is dissolved with antacid and milk in the stomach, the expected effect may not be achieved.)

Do not chew or crush the tablets. Take it as it is. (The drug has a special coating such that the active ingredients achieve the efficacy in the large intestine.)

How to take out the tablets

·As shown in the figure, press the convex part of the PTP sheet containing the tablet firmly with your fingertips, break the aluminum foil on the back side, and take out the tablets.

(If taking the tablets with the blister pack, it will lead to unexpected accidents such as the sharp edge sticking into the esophageal mucosa.)

ingredient and amount

In 4 tablets

Bisacodyl 10mg

Sodium dioctyl-sulfosuccinate 32mg

Excipients

Lactose, anhydrous silicic acid, Hydroxypropylcellulose, Magnesium stearate, Acacia, Sugar, Talc, Titanium oxide, Methacrylic acid copolymer S, Methacrylic acid copolymer L, Castor oil, Erythrosine, Macrogol, Carnauba wax, White beeswax

Precautions

When not to use the product

(If you do not follow these instructions, the current symptoms may worsen or adverse reactions are more likely to occur.)

• This medicine should not be taken together with the following medicines:

Other cathartic agents

Do not take an excessive amount of this medicine

Consultation

• The following persons should contact a physician, pharmacist, or registered salesperson for a consultation before administration.

Patients undergoing medical treatment from a physician

Pregnant women or women suspected of being pregnant.

Persons with the following symptoms:

Those who have severe abdominal pain, nausea, or vomiting.

• If the following symptoms are observed after taking this drug, these may be adverse reactions, so immediately discontinue the use of this drug, and show this document to your physician, pharmacist, or registered salesperson for a consultation.

Gastrointestinal system

Severe abdominal pain

Vomiting

Vomiting

- The following symptoms may be observed after taking this drug. If these symptoms persist or worsen, discontinue the use of this drug, and show this document to your physician, pharmacist, or registered salesperson for a consultation. diarrhea
- When symptoms do not improve even after taking this medicine for about 1 week, stop taking this medicine and consult a physician, pharmacist or registered salesperson, being sure to take this instruction leaflet with you.

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Precautions for storage and handling

Avoid direct sunlight, and store the product in a cool place with little humidity.

Store the product beyond the reach of children.

Do not take the product past the expiration date.

Do not transfer the drug to other containers. (It may lead to misuse or quality deterioration)

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(Disclaimer on Multilingual OTC Product Information)

- •This product is a pharmaceutical product approved under a Japanese law, the Law for Ensuring the Quality, Efficacy and Safety of Drugs and Medical Devices, with a view to its sale and use in Japan.
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