

# LIPOVITAN D LIGHT

## Designated Quasi-drug

### Precautions for Use

#### Things To Consult On

1. **If the following symptoms appear after drinking, you may be experiencing side effects. Discontinue use immediately and consult with your doctor, pharmacist or registered seller with this product to hand.**  
Skin: Rash/Digestive system: Stomach discomfort
2. **The following symptom may appear after drinking. If this symptom persists or worsens, discontinue use and consult with your doctor, pharmacist or registered seller with this product to hand.**  
Diarrhea
3. **If symptoms do not improve after a while, discontinue use and consult with your doctor, pharmacist, or registered seller with this product to hand.**

### Efficacy:

- ☆ Maintains and improves stamina, resilience, and concentration
- ☆ Relieves and prevents fatigue
- ☆ Improves and prevents physical ailments associated with a weak constitution (including physical weakness due to aging): Weakening of bones or teeth
- ☆ Improves and prevents physical problems associated with malnourishment in daily life:  
Shoulder/neck/lower back/knee discomfort, being easily fatigued, feeling tired, lack of physical strength, sluggishness, lethargy, skin problems (rough skin, dry skin), decreased appetite and sluggishness associated with hangover, eye fatigue
- ☆ Supplemental nutrition for when physical stamina is reduced during and after illness, when suffering from a debilitating illness following a fever, when experiencing a loss of appetite, or during lactation or before and after childbirth

### Usage/Dosage:

Adults (15 years or over): Drink 1 bottle (100 mL) once daily.

Note: Do not take if under age 15.

#### Note:

Strictly follow the specified dosage and administration. (Pay attention to excessive intake, etc., if a product containing other vitamins, etc., is taken together with this product.)

### [Ingredients] In 100mL

Taurine (2-aminoethyl sulfonic acid) .....	1000 mg	Riboflavin sodium phosphate (vitamin B <sub>2</sub> ) ...	5 mg
Inositol.....	50 mg	Pyridoxine hydrochloride (vitamin B <sub>6</sub> ) .....	5 mg
Nicotinamide .....	20 mg	Caffeine anhydrous.....	50 mg
Thiamine nitrate (vitamin B <sub>1</sub> ) .....	5 mg		

Additives: Sugar, D-sorbitol, sodium benzoate, citric acid, flavoring, glycerin, vanillin

#### Note:

Do not worry if your urine is yellow after taking this product. This is caused by the vitamin B<sub>2</sub> contained in the product.

### Precautions for Storage and Handling:

- (1) Store the product in a cool place that is out of direct sunlight.
- (2) Please store this product outside of the reach of children.
- (3) Do not take the product after the expiration date.

58 kcal per bottle

### Disclaimer on Multilingual OTC Product Information

- This product is a pharmaceutical product approved under a Japanese law, the Law for Ensuring the Quality, Efficacy and Safety of Drugs and Medical Devices, with a view to its sale and use in Japan.
- Multilingual product information is a translation of the product labeling written in Japanese and provided for your information only. It does not warrant that its contents and the product itself conforms to laws and regulations in countries other than Japan.
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