

# Naturalcare Tablets

## Product features

For those with high blood pressure,  
tablets to improve blood pressure and maintain it normal  
Natural Care Tablets <Piper longum> (Round)  
Contains piper longum-derived piperine

## Food with Function Claims

Notification No.:D11

This product is permitted by the Commissioner of the Consumer Affairs Agency to indicate, on the responsibility of the company, that it can achieve the specified health benefits.  
However, unlike Food for Specified Health Uses, this product has not been individually reviewed by the Commissioner of the Consumer Affairs Agency.

## Name of the product

Natural care tablets (Round)

## Notified claim

This product contains piper longum-derived piperine.  
Piper longum-derived piperine is reported to improve blood pressure and maintain it normal in people with high blood pressure.

## Adequate daily intake

The recommended amount is one tablet daily.

## Method of intake

Take the usual daily amount with water or hot water without chewing.

## Cautions on intake

Excessive consumption of this product does not reinforce health.  
Adhere to the recommended dose.  
Do not ingest the desiccant.

## Cautions on storage method

Close the zipper tightly and consume the product quickly after opening.

- This product is not intended to diagnose, treat or prevent diseases.
- This product was not developed to target those who are affected by diseases, underage, pregnant (including those planning to become pregnant) or breastfeeding.
- Consult a physician if you are affected by a disease. Consult a physician or pharmacist if you are taking drugs.
- If you notice any abnormal changes in your physical condition, immediately stop taking this product and consult a physician.

## Name

Piper longum extract-containing food

## Name of the raw material

Piper longum extract (dextrin, piper longum extract) reduced maltose starch syrup/ crystalline cellulose carboxy methylcellulose calcium fine silicon dioxide calcium stearate

## Amount of contents

4.2 g (300 mg x 14 tablets)

## Expiration date

Indicated outside this frame on the bottom.

## Storage method

Avoid storage at high temperatures and high humidity. Store away from direct sunlight.

## Manufacturer

Taisho Pharmaceutical Co., Ltd. 3-24-1, Takada, Toshima-ku, Tokyo, JAPAN  
The factory mark is indicated below to the right of the manufacturing No.

## Nutritional content label

Per tablet (300 mg) Calories 1.11 kcal Protein 0.002 g Lipids 0.002 to 0.005 g Carbohydrate 0.27 g Sodium chloride

equivalent 0.00027 g

Functionality-related ingredient

Piper longum-derived piperine 90 µg

Balanced your diet with staple foods, main dishes and side dishes

## Contact

Taisho Pharmaceutical Co., Ltd. Customer Response Center

03-3985-1800

Operation hours: 8:30 to 21:00 (Except Saturdays, Sundays and holidays)

<http://www.taisho.co.jp/livita/>

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