

# TEISHI BOFUTSUSHOSAN

## Indication

Those who are fit, have much subcutaneous fat in the abdomen, and tend to be constipated, with the following: Palpitations, stiff shoulders, hot flushes, edema, constipation, hypopyon (sinusitis), eczema/dermatitis, acne in the skin, and obesity associated with hypertension and obesity

## Dosage and administration

Take the following dose with cold or lukewarm water before a meal or between meals.

Adults (15 years or over): 4 tablets per dose, 3 times daily

7 to 14 years: 3 tablets per dose, 3 times daily

5 to 6 years: 2 tablets per dose, 3 times daily

Under 5 years: Do not take

## Precaution

- Comply with the prescribed dosage and administration instructions.
- The use of the drug in children should be supervised by a parent.
- Do not return the tablets touched by wet fingers into the jar. (It will cause discoloration and may deteriorate the quality.)

## Ingredient

In daily dose (12 tablets)

Bofutsushosan Extract (16/25 quantity) 3520 mg

(Japanese Angelica Root 0.768g, Peony Root 0.768g, Cnidium Rhizome Fluid Extract 0.768g, Gardenia Fruit 0.768g, Forsythia 0.768g, Mentha 0.768g, Powdered Ginger 0.256g, Schizonepeta Spike 0.768g, Saposhnikovia Root 0.768g, Ephedra Herb 0.768g, Rhubarb 0.96g, Anhydrous Sodium Sulfate 0.48g, Atractylodes Rhizome 1.28g, Platycodon Root 1.28g, Scutellaria Root 1.28g, Glycyrrhiza 1.28g, Gypsum 1.28g, Casseki 1.92g) dried extract powder

## Excipients

anhydrous silicic acid, Talc, Magnesium stearate, Magnesium stearate, cellulose, Hypromellose, Macrogol, Carnauba wax

## Precaution

The drug contains herbal medicine as a raw ingredient. The color of the drug may differ slightly, but this will not affect the efficacy.

## Precautions

### When not to use the product

(If you do not follow these instructions, the current symptoms may worsen or adverse reactions are more likely to occur.)

- This medicine should not be taken together with the following medicines:  
Other cathartic agents
- For those who are lactating, do not use this medicine or avoid lactating while using this medicine.

### Consultation

- The following persons should contact a physician, pharmacist, or registered salesperson for a consultation before administration.

Patients undergoing medical treatment from a physician

Pregnant women or women suspected of being pregnant.

Persons who is physically weak (declining of physical strength or constitutional weakness)

Persons with weak stomach and intestine who have a tendency to diarrhea, diarrhea with severe abdominal pain.

Persons with excessive sweating.

The elderly

Patients who have experienced rash/redness, itching, etc. with drugs, etc.

Persons with the following symptoms:

Oedema, urination difficulty

Persons diagnosed as having the following

Hypertension, heart disease, kidney disease, thyroid disease

- If the following symptoms are observed after taking this drug, these may be adverse reactions, so immediately discontinue the use of this drug, and show this document to your physician, pharmacist, or registered salesperson for a consultation.

Skin: rash/redness, itching

Gastrointestinal system: nausea and vomiting, Loss of appetite, feeling of discomfort in the stomach, feeling of fullness in the abdomen, diarrhea with severe abdominal pain, abdominal pain

Neuropsychiatric system: dizziness

Other: Sweating, palpitations, oedema, headache

- The following serious symptoms may occur in rare cases. In such cases, immediately seek medical aid:

Interstitial pneumonia: Shortness and/or difficulties of breath when go upstairs or overwork, sudden dry cough and/or fever and its continuance

Pseudoaldosteronism, myopathy: In addition to listlessness, numbness, stretched feeling, and stiffness of hands and feet, feeling of weakness and muscular pain will appear and gradually progress

Hepatic function failure: Symptoms, such as fever, itching, rash, jaundice (yellowing of skin and white of eyes), brown urine, general malaise, loss of appetite, etc. may occur.

Mesenteric phlebosclerosis: Abdominal pain, diarrhoea, constipation, abdominal distension, etc. may occur repeatedly with long-term oral administration.

- The following symptoms may be observed after taking this drug. If these symptoms persist or worsen, discontinue the use of this drug, and show this document to your physician, pharmacist, or registered salesperson for a consultation.

diarrhea, constipation

- When symptoms do not improve after taking this medicine for 1 month (about 1 week for constipation), discontinue use and consult a physician, pharmacist or registered salesperson, taking this document with you.
- If you take this medicine for a long time, consult a physician, pharmacist, or registered salesperson.

## Precautions for storage and handling

- Store in a cool, low humidity place away from direct sunlight.
- Store the product beyond the reach of children.
- Do not transfer the drug to other containers. (It may lead to misuse or quality deterioration.)
- Do not take the product past the expiration date. Even within the expiration date, try to take it up as soon as possible once it is opened (to assure the quality).

11

### 【Disclaimer on Multilingual Product Information】

- This product is a pharmaceutical product approved under a Japanese law, the Law for Ensuring the Quality, Efficacy and Safety of Drugs and Medical Devices, with a view to its sale and use in Japan.
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