Make sure to read this instruction sheet before taking this medicine. Additionally, store this sheet so that it can be referenced when needed.

For sore/scratchy throat and cough caused by throat inflammation

# VICKS MEDICAL TROCHE b

Brand name: VICKS MEDICAL TROCHE b | Class 2 OTC drug | <Antitussive expectorant>

- VICKS MEDICAL TROCHE b is an antitussive expectorant containing a combination of cetylpyridinium chloride hydrate which has a sterilizing and disinfecting effect, dextromethorphan phenolphthalate which suppresses coughing, and potassium guaiacolsulfonate which makes it easier to discharge phlegm.
- lacktriangle Highly effective against symptoms such as sore throat, scratchy throat, and cough caused by throat inflammation.
- Easy-to-take, grape-flavored troche formula.



# **Precautions for Use**



**Things You Must Not Do** 

(Failure to follow these precautions may lead to your current symptoms worsening or a greater chance of side effects or accidents occurring)

- 1 The following individuals should not take this medicine:
  - Persons who have had allergic symptoms as a result of taking this medicine or any component of it.
- 2 Do not use any of the following medicines while taking this medicine: Other antitussive expectorants, cold medicines, sedatives
- 3 Do not drive a vehicle or operate machinery after taking this medicine (You may experience drowsiness, etc.)



### **Things To Consult On**



- 1 The following individuals should consult with their doctor, pharmacist, or a registered seller before taking this medicine
  - (1) Persons who are currently being treated by a doctor.
  - (2) Persons who are pregnant or who think they may be pregnant.
  - (3) Persons who have had allergic symptoms due to medication in the past.
  - (4) Persons with the following symptoms:

High fever

If any of the following symptoms appear after you have taken this medicine, you may be experiencing side effects. As such, discontinue use immediately and consult with your doctor, pharmacist or registered seller, bringing this instruction sheet with you

Relevant Area	Symptoms
Skin	Rash, redness, itching
Digestive system	Nausea/vomiting, loss of appetite
Neuropsychiatric system	Dizziness
Respiratory system	Difficulty breathing, shortness of breath

In rare cases, the following serious symptoms may occur.

In such cases, see a doctor immediately.

Symptom Name	Symptoms	
Shock (anaphylaxis)	Itching, hives, hoarse voice, sneezing, itchy throat, breathlessness, palpitations, and confusion immediately after taking this medicine.	

- The following symptoms may appear after taking this medicine. If these symptoms persist or worsen, discontinue use and consult with your doctor, pharmacist, or registered seller, bringing a copy of this instruction sheet with you Drowsiness
- If symptoms do not improve after using this medicine 5 to 6 times, discontinue use and consult with your doctor, pharmacist or registered seller, bringing this instruction sheet with you

## Efficacy

Cough, phlegm, and loss of voice, roughness, discomfort, pain, or swelling of the throat caused by throat inflammation

# **Usage/Dosage**

Dissolve the following amount in the mouth slowly without chewing, leaving at least 2 hours between doses.

Age	Single dose	Number of doses
8 years of age or older	1 tablet	6 times a day
Under 8 years old	Do not tak	e this medicine

#### Note:

- (1) Strictly observe the prescribed dosage and administration.
- (2) If this medicine is being taken by a child, ensure it is used under the guidance and supervision of a parent or guardian.
- (3) Do not chew or swallow.
- (4) How to take out the tablets

As shown in the illustration, press the convex part of the PTP sheet containing the tablet hard with a fingertip to tear the aluminum foil on the reverse side, remove the tablet, and take it. (Accidental ingestion of the PTP sheet as-is may lead to unexpected accidents, such as penetration into the esophageal mucosa.)

<Tablet removal diagram>
Push it out

Ingredients				
Amount	Action			
1 mg	Sterilizes and disinfects the throat.			
7.5 mg	Acts on the cough center in the brain to relieve severe coughing.			
22.5 mg	Softens and makes it easier to discharge phlegm in the throat.			
	Amount 1 mg 7.5 mg			

Excipients: Corn starch, anhydrous silicic acid, hydroxypropyl cellulose, reduced maltose syrup, magnesium stearate, l-menthol, acesulfame potassium, lemon oil, sucralose, citric acid, vitamin B<sub>3</sub>, flavoring

Note

Some tablets may have red spots due to the vitamin B<sub>2</sub> excipient, but this will not affect efficacy.

### **Precautions for Storage and Handling**

- (1) Store in a cool, dry place away from direct sunlight.
- (2) Keep out of reach of children.
- (3) Do not replace the medicine into a different container. (This may result in misuse or a change in quality)
- (4) Do not take the product after the expiration date. Use this medicine within 6 months of opening, even if still within the expiration date. (In order to ensure quality.)



#### **Disclaimer on Multilingual OTC Product Information**

- This product is a pharmaceutical product approved under a Japanese law, the Law for Ensuring the Quality, Efficacy and Safety of Drugs and Medical Devices, with a view to its sale and use in Japan.
- Multilingual product information is a translation of the product labeling written in Japanese and provided for your information only. It does not warrant that its contents and the product itself conforms to laws and regulations in countries other than Japan.
- Multilingual product information is a tentative translation by the provider (or Our Company), and may be modified or altered without notice.
- The provider (or Our Company) assumes no responsibility for any occurred problem attributable to the contents of the multilingual product information.