

# ZENA F0 KORYOKUEKI

Newly designated quasi-  
drugs

Health drinks

## Indication

- ☆ Maintenance and improvement of physical strength or resistance or concentration
- ☆ Recovery from and prophylaxis of fatigue
- ☆ Improvement and prophylaxis of physical malfunction associated with frail constitution (including physical weakening due to aging):  
Having weak gastrointestinal function, so easily developing abdominal pain or diarrhea  
Getting tired easily, persisting fatigue, lack of physical strength, physical tiredness or feeling languid  
Bad skin conditions (rough or dry skin)  
Being sensitive to the cold  
Poor blood circulation  
weakening of bones or teeth
- ☆ Improvement and prophylaxis of physical malfunction associated malnutrition in daily living:  
Getting tired easily, persisting fatigue, lack of physical strength, physical tiredness or feeling languid  
Decreased appetite and malaise associated with hangover
- ☆ Nutritional support for declined physical strength during/after illness, febrile debilitating illness, anorexia, pregnancy/lactation period, before and after childbirth, etc.

## Dosage and administration

Adults (15 years or over): Take 1 bottle (50 mL) per dose once daily.  
Under 15 years: Do not take

## [Precaution]

Comply with the prescribed dosage and administration instructions.  
(Pay attention to excessive intake, etc. if a product containing other vitamins, etc. is taken together with this drug.)  
The drug contains a herbal extract. Sedimentation may occur in rare cases. This does not affect drug efficacy.  
Shake well before taking the drug.

## ingredient and amount

In 1 bottle (50 mL)  
Ginseng extract-P 85.8mg (equivalent to 600 mg of the crude drug)  
Muiru Puama Extract-A 15mg (equivalent to 300 mg of the crude drug)  
Cistanche Herb Extract 75.8mg (equivalent to 250 mg of the crude drug)  
Peony Root extract 30mg(equivalent to 120 mg of the crude drug)  
Glycyrrhiza Extract 50mg(equivalent to 200 mg of the crude drug)  
Cinnamon Bark Fluid Extract 0.15mL(equivalent to 150 mg of the crude drug)  
Ginger Fluid Extract 0.3mL(equivalent to 300 mg of the crude drug)  
Taurine 500mg  
Riboflavin sodium phosphate 5mg  
Pyridoxine hydrochloride (vitamin B6) 5mg  
Nicotinamide 20mg  
Anhydrous caffeine 50mg

## Excipients

Sugar  
Reduced maltose syrup  
pH adjusting agent  
Polyoxyethylene hydrogenated castor oil  
Povidone  
Sodium benzoate  
Butyl parahydroxybenzoate  
Caramel  
Flavoring  
alcohol (not more than 0.17mL)

## [Precaution]

No need to worry if you have yellow urine after taking the drug because it is caused by the vitamin B2 contained in the drug.

## Precautions

## Consultation

● If the following symptoms are observed after taking this drug, these may be adverse reactions, so immediately discontinue the use of this drug, and show this product to your physician, pharmacist, or registered salesperson for a consultation.

Skin : rash

Gastrointestinal system: feeling of discomfort in the stomach

● The following symptoms may be observed after taking this drug. If these symptoms persist or worsen, discontinue the use of this drug, and show this product to your physician, pharmacist, or registered salesperson for a consultation.

Diarrhea

● When symptoms do not improve even after taking the medicine for a while, stop taking this medicine, and show this product to a physician, pharmacist, or registered salesperson for consultation.

## Precautions for storage and handling

Store this in a cool place, avoiding direct sunlight.

Store the product beyond the reach of children.

Do not take the product past the expiration date.

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### 【Disclaimer on Multilingual OTC Product Information】

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