

## Indication

- ☆ Maintenance and improvement of physical strength or resistance or concentration
- ☆ Recovery from and prophylaxis of fatigue
- ☆ Improvement and prophylaxis of physical malfunction associated with frail constitution (including physical weakening due to aging): weakening of bones or teeth
- ☆ Improvement and prophylaxis of physical malfunction associated malnutrition in daily living:  
Bad conditions of the shoulders, neck, lower back or knees  
Getting tired easily, persisting fatigue, lack of physical strength, physical tiredness or feeling languid  
Difficulty falling asleep, light sleep and difficulty waking up  
Bad skin conditions (rough or dry skin)  
Decreased appetite and malaise associated with hangover
- ☆ Nutritional support for declined physical strength during/after illness, febrile debilitating illness, anorexia, pregnancy/lactation period, before and after childbirth, etc.

## Dosage and administration

Adults (15 years or over): Take 1 bottle (100 mL) per dose once daily.  
Under 15 years: Do not take  
Comply with the prescribed dosage and administration instructions.

## ingredient and amount

In 100 mL  
Taurine (Aminoethyl Sulfonic Acid) 1000mg  
glycine 50mg  
Thiamine nitrate 5mg  
Riboflavin sodium phosphate 15mg  
Pyridoxine hydrochloride (vitamin B6) 5mg  
Nicotinamide 20mg  
Inositol 50mg

## Excipients

Erythritol ,Acesulfame K,Sucralose ,Stevia extract,citric acid,Sodium citrate,pH adjusting agent,Propyl gallate,Sodium benzoate,flavor,Tocopherol ,l-Menthol,,

## Precautions relating to ingredient and amount

(Pay attention to excessive intake, etc. if a product containing other vitamins, etc. is taken together with this drug.)

## Precautions

### Consultation

If the following symptoms are observed after taking this drug, these may be adverse reactions, so immediately discontinue the use of this drug, and show this product to your physician, pharmacist, or registered salesperson for a consultation.

Skin

rash

Gastrointestinal system

feeling of discomfort in the stomach

The following symptoms may be observed after taking this drug. If these symptoms persist or worsen, discontinue the use of this drug, and show this product to your physician, pharmacist, or registered salesperson for a consultation.

diarrhea

When symptoms do not improve even after taking the medicine for a while, stop taking this medicine, and show this product to a physician, pharmacist, or registered salesperson for consultation.

## Precautions for storage and handling

Store this in a cool place, avoiding direct sunlight.

Store the product beyond the reach of children.

Do not take the product past the expiration date.

No need to worry if you have yellow urine after taking the drug because it is caused by the vitamin B2 contained in the drug.

【Disclaimer on Multilingual OTC Product Information】

- This product is a pharmaceutical product approved under a Japanese law, the Law for Ensuring the Quality, Efficacy and Safety of Drugs and Medical Devices, with a view to its sale and use in Japan.
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